



Marsh Medical Practice

Autumn 2020 Patient Newsletter

Covid-19 update

Please ensure you follow current Government restrictions regarding the Covid-19 pandemic. These measures are in place to keep us all safe and ensure that the NHS is able to continue to function despite the increased pressures.

In order to comply with regulations, Marsh have implemented additional infection control measures. Your co-operation in this matter is greatly appreciated.

For current information please go to www.nhs.uk/conditions/coronavirus-covid-19/

Do not hesitate!

The NHS is still providing non-Covid related care so if you have any health concerns, please do not delay contacting the most appropriate service. If your issue is a GP matter, we will initially arrange a telephone consultation but if you do need to be seen by a clinician, a face to face appointment will be arranged.

If there is a medical emergency such as:

- Loss of consciousness
- An acute confused state or suspected stroke
- Fits that are not stopping
- Chest pain or suspected heart attack
- Breathing difficulties
- Severe bleeding that cannot be stopped
- Severe allergic reactions
- Severe burns or scalds
- Major trauma such as a road accident or fall from height

Call 999 without delay.

NHS 111 are also available if you need urgent medical help or you're not sure what to do.

For further information go to www.nhs.uk/nhs-services/urgent-and-emergency-care-services/when-to-call-999/

Veterans update

Marsh is committed to the Armed Forces Covenant and to support our military veterans and their families. The Armed Forces Covenant is a pledge that together we acknowledge and understand that those who serve or have served in the armed forces, and their families, should be treated with fairness and respect. Please tell us if you are a military veteran so that this can be added to your records.

Silverline

This service provides a helpline specifically for older people. They provide a free 24 hour, 365 days a year confidential helpline. Their service includes:

- Conversation and friendship
- Information and advice
- Connection callers to local groups
- Protection and support

To speak to someone, call 0800 4 70 80 90

