

CKD



Living well with
Chronic Kidney Disease

CKD and lung health (including COPD)

How the kidneys and lungs are linked

People with Chronic Obstructive Pulmonary Disease (COPD) are more likely to develop CKD. Low oxygen levels and inflammation affect kidney function.

Managing both conditions

CKD can make breathing harder due to fluid build-up and anaemia. Careful monitoring helps balance treatments safely.



Simple steps you can take

- Take inhalers and medicines as directed
- Avoid smoking
- Stay active within your limits
- Attend regular checkups

